

The Botolph Bell



The Magazine for the Parish of Heene
February 2017

What's on at St. Botolph's

Look at the regular events we hold in addition to our
Sunday morning services:

<u>Wednesday</u>	10.00 am - 11.30 am	U3A Inspired Instrumentalists
	12.00 pm - 1.00 pm	Instrumental Groups
	7.00 pm - 8.00 pm	Tai Chi
	8.00 pm - 9.00 pm	Kick Boxing
	7.30 pm - 9.00 pm	Bell Ringers' practice
<u>Friday</u>	10.15 am	Prayer group
	10.30 am - 12 noon	Coffee morning
	7.30 pm - 9.15 pm	Choir Practice
<u>Sunday</u>	12.30 for 12.45 pm	Parish community lunch at The Beechwood Hall Hotel, Wykeham Road. Monthly - usually on 3rd Sunday of the month.

All events are weekly unless otherwise stated and contact details are shown at the back of this magazine.

St. Botolph's Church, Lansdowne Road, Worthing BN11 4LY
[entrance on Manor Road for most mid-week events]

Services

Friday, 3rd February	10.15am	Prayer Group
Sunday, 5th February	10.00am	Sung Eucharist
Friday, 10th February	10.15am	Prayer Group
Sunday, 12th February	10.00am	Sung Eucharist
Friday, 17th February	10.15am	Prayer Group
Sunday, 19th February	10.00am	Sung Eucharist
Friday, 24th February	10.15am	Prayer Group
Sunday, 26th February	10.00am	Sung Eucharist
Wednesday 1st March	7.00pm	Ash Wednesday Eucharist
Friday, 3rd March	10.15am	Prayer Group
Sunday, 5th March	10.00am	Sung Eucharist
(First Sunday in Lent)	6.00pm	Choral Evensong

Thought for the Month

“We are surrounded by a great cloud of witnesses”, wrote the anonymous New Testament author of the letter to the Hebrews’ in the first Christian century to hearten fellow believers. He cites the steadfast faith of persons culled from Old Testament history, but already in his own day the number was swelling beyond counting, as converts were drawn to the young Church throughout the Mediterranean. Nowadays it is world-wide and still growing, and between the two eras stand centuries of faith, hope and love - and not infrequently, sheer heroism !

It is a tale known in its fullness only to God, which we seldom hear in our Sunday worship, where the emphasis (rightly enough) is upon Scripture, but the Church’s Calendar of week-day commemorations affords a good ‘overview’. Take the twelve in this month, February, for example. They range from an Irish nun in the warring tribal days when the English were still heathen, to a scholarly priest-poet in a quiet Wiltshire parish in the reign of King Charles I, with a trio of missionaries in Eastern Europe and Scandinavia in the miscalled ‘Dark Ages’ for good measure.

Martyrs figure prominently. There is Bishop Polycarp, who received his faith from the apostles themselves, and spoke with others who had known Jesus in the flesh. There are the early Japanese converts executed near Nagasaki while Elizabeth I was reigning in England. (It is well said that ‘the blood of the martyrs is the seed of the Church’. By the 20th Century Nagasaki had become the largest Christian centre in Japan....

.....and with tragic irony the target of the second atomic bomb!)
And from our own day, there is Archbishop Luwum of Uganda,
murdered for his opposition to the dictator Idi Amin.
Not yet included are the 21 Egyptian Christian migrant workers
'executed' on a beach in Libya on 12th February, 2015. 'Google'
Libyan Martyrs for their story, accompanied by a commemorative
icon created by the Egyptian Coptic Church.

These were called to do great and encouraging acts of faith, but
Christ's Kingdom is built in every generation and in every culture by
myriads of little, often unremarked, acts of love, quiet deeds offered
within seemingly humdrum daily lives...just like ours.
As that priest-poet, George Herbert, wrote and we still sing -

*Teach me, my God and King,
In all things thee to see;
That what I do in any thing
To do it as for thee..*

Revd Arthur Taylor

**The picture on the front cover of fishermen on Worthing beach
was taken between Christmas and the New Year.**

**The views expressed in this
magazine are not necessarily
those of the editorial team.**

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**Are you - or is someone you know - going into Worthing Hospital?
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Hospital Chaplaincy Team on 07826 891305 to arrange a visit or to have a chat.**



Worthing Half Marathon 2017 & 3km/Mini Mile on Sunday 12 February

The Half Marathon starts at 9.00 am, the Children's Mini Mile for 5 to 10 year olds at 12.30 pm approx. and the 3km Fun Run for 11 year olds upwards at about 12.50 pm.

For more information see <http://www.perseverance-events.com>



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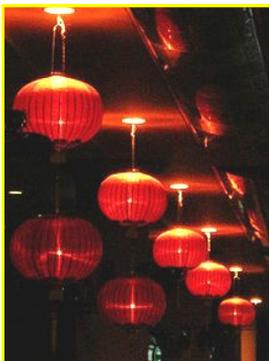
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Chinese New Year

In 2017 the Chinese New Year starts on 28th January. Chinese New Year's Day is the first day of the Chinese lunar calendar. The date is different each year on the Gregorian (internationally-used) calendar, but is always between 21st January and 20th February.

New Year activities may start as early as three weeks before Chinese



New Year's Eve, but a week before is more usual. From the 23rd of the 12th lunar month (20th January 2017), Chinese people carry out a thorough cleaning of their houses. The cleaning is called "sweeping the dust", and represents a wish to put away old things, bid farewell to the old year, and welcome the New Year. Traditionally the end of the Spring Festival (the Chinese New Year holiday) is the Lantern Festival, Chinese month 1

day 15 (11th February 2017). Then beautiful lanterns are displayed and sweet rice dumpling soup is eaten.

From 28th January 2017 to 15th February 2018 is the year of the Rooster. The Rooster is tenth in the Chinese zodiac. Each year is related to an animal sign according to a 12 year cycle. Years of the Rooster include 1933, 1945, 1957, 1969, 1981, 1993, 2005, and 2017.



One of the biggest Chinese New Year celebrations outside Asia takes place in London. Every year, hundreds of thousands of people descend on the West End to wish each other "Gong Xi Fa Cai" (Mandarin) and "Gong Hey Fat Choy" (Cantonese).

Red is the key colour of the Chinese New Year, symbolizing good fortune and joy.

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Midweek set menu

Join us on Monday – Thursday evenings and enjoy our Midweek Menu offer.

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PATE

Ami's own recipe chicken liver pate, homemade tomato chutney and toasted sourdough slices

Main Courses

PARMA HAM WRAPPED CHICKEN

Oven baked chicken breast wrapped in parma ham served with mash, mixed vegetables and mushroom cream sauce

OVEN-BAKED PARMIGIANA

Sliced aubergines in a tomato sauce, topped with Grana Padano Tipo cheese. Served with garlic bread and a mixed salad (v)

THE AMI BURGER

Minced rump steak and beef mince, gherkin, tomato and gem, served with coleslaw and chips or salad

Desserts

MALIBU PANNA COTTA

Creamy Italian dessert, served with a passion fruit sauce and shortbread biscuit

TRIO OF ICE CREAM

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Lunch 12 to last orders at 3pm.

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Around the World in Eighty Days ?

In the last edition of the magazine we reported the start of the Vendée Globe yacht race on 6th November. The race which is held every four years follows the old clipper route around the world.

Huge crowds gathered on 19th January to watch the arrival of the winner, back in the town of Les Sables d'Olonne. Breton sailor Armel Le Cléac'h in his yacht Banque Populaire beat his rival, Gosport sailor, Alex Thompson, who arrived at the



finish 16 hours later. This event, known in France as 'The Everest of the Seas', is a tough race which exhausts the sailors as they are not permitted to receive any assistance during it. At times sleep is difficult, taken in quarter hour snatches when their boats are ploughing through big seas speeding at over 20 knots, on occasions making 500 miles a day.

Five of the 'Open Class 60' yachts have experimented with hydrofoils which lift the hull up in the water and thus reduce the wetted area, reducing drag. Two of these five were the leaders.

Alex Thompson in his boat Hugo Boss was first to move into the Southern hemisphere and he rounded the first of the capes, the Cape of Good Hope, in a record 18 days. Disaster then struck as one of the two hydrofoils beneath his boat was damaged allowing Le Cléac'h to sail through into the lead. The next of the capes, Cape Leeuwin, Western Australia, was reached first by Le Cléac'h in a total time of 29 days. They kept this order in the long passage through the Roaring Forties, past Australia and New Zealand and on to Cape Horn.

Thompson dropped 800 miles behind the leader. Le Cléac'h reached the 'Horn' in a total of 47 days breaking the previous fastest time by 5 days. To get the best of the wind both boats sailed into the Atlantic to

the east of the Falkland Islands before picking up favourable weather and headed north to cross back over the equator. Thompson managed to close the gap between them to just 30 miles. As the yachts approached the French coast a high pressure weather system over the UK caused them both to sail north, close to the Scilly Isles, before turning to make the final 300 mile dash south to the finish.

In 1874 the clipper ship, Cutty Sark, made the fastest passage between London and Sydney in 73 days non-stop.

This year's Vendée Globe round the world race was completed in a record breaking 74 days. Eleven boats have been forced to retire. As the leaders crossed the line, backmarkers of the fleet had still to get round Cape Horn over 8000 miles behind, with another month at sea before finishing.

Nick Le Mare

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Friends of Heene Cemetery

Heene Cemetery is at the crossroads of Manor Road & St. Michael's Road.



The first burial took place in 1873 of a young male child and the cemetery was closed to the public in 1973 having reached full capacity with many graves having double

occupancy. The last recorded burial of ashes was of a lady from Bognor Regis.

In 1981 there were discussions to remove all memorial stones to make an open park area and Sussex Family History Group took on the laborious task of recording all the inscriptions which has helped greatly with our research.

In 1992 Heene Cemetery was designated a Site of Conservation importance because of the old meadow land.

Between 1995 and 2008 Sussex Wildlife Trust maintained the cemetery with a quarterly cycle of clearance.



The cemetery was left unmanaged until 2014 when the Counsellor for Heene Ward, Diane Guest, decided to form a volunteer group to remove the overgrown brambles and invasive saplings.

The Friends of Heene Cemetery were formed in 2015 and access to all paths and many memorials is now achieved. Some areas have been left overgrown for the resident fox families as cover for them and other wildlife.

We are seeking volunteers to help us record the wildlife that visit us and the flora and fauna. Maybe you would prefer to work at home by writing journals, researching names, promoting our work at local events or organise and manage open days?



Contact: Sue Standing

email: suestanding@hotmail.com

mobile: 07771 966846



Winter opening times are: every Tuesday and Saturday 1:30pm – 2:30pm (weather permitting)

Please follow Heene Cemetery on Facebook -

<https://www.facebook.com/Heene-Cemetery-1594403500781693/>

'Heading into Spring' Art Morning

Although the New Year still seems fairly new, the end of this month will already herald school half-term and, hopefully, the approach of Spring!

Our next children's art morning will be on Friday, 24th February in the choir vestry, and 'Heading into Spring' will be our theme.



The session will be suitable for youngsters from the age of 3 to 12 and all the usual painting, drawing, and collage materials will be available. Accompanying adults are more than welcome to come and join in the fun, but there will be our weekly Friday Coffee morning going on in the adjoining room if you fancy a break from the art!

Please note the time - 10.30 am until 12 noon.

The cost is £2 per child, to include all resources, and entrance for the event will be via the Manor Road door at the back of the church.

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Victorian Games Evening

Saturday 25th February, 7.00 pm
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Shrove Tuesday - Pancake Day !

Shrove Tuesday (known in some countries as Pancake Day) is the day before Ash Wednesday (the first day of Lent), and is celebrated in some countries by eating pancakes. In others, especially those where it is called Mardi Gras, it is a carnival day, and also the last day of "fat eating" or "gorging" before the fasting period of Lent. The term Mardi Gras is French for "Fat Tuesday", referring to the practice of the last night of eating richer, fatty foods before the ritual fasting of the Lenten season, which begins on Ash Wednesday.

Shrove Tuesday is exactly 47 days before Easter Sunday, a moveable feast based on the cycles of the moon. The date can be any between 3rd February and 9th March inclusive - this year it will be on Tuesday 28th February.

Pancakes are associated with the day before the start of Lent because they were a way to use up rich foods such as eggs, milk, and sugar, before the fasting season of the 40 days of Lent. During Lent there was an emphasis on eating plainer food and refraining from food that would give pleasure.

In this country a tradition on Pancake Day is pancake racing. People run in a race with a pancake in a frying pan. As they run, they have to toss the pancake (throw the pancake in the air and catch it in the pan)



several times. In some pancake races people dress up in fancy dress costumes. The most famous pancake race takes place in a town called Olney in Buckinghamshire, where it is reputed that the race has been taking place since 1445..

There are usually several local races on Pancake Day, including ones held in schools.



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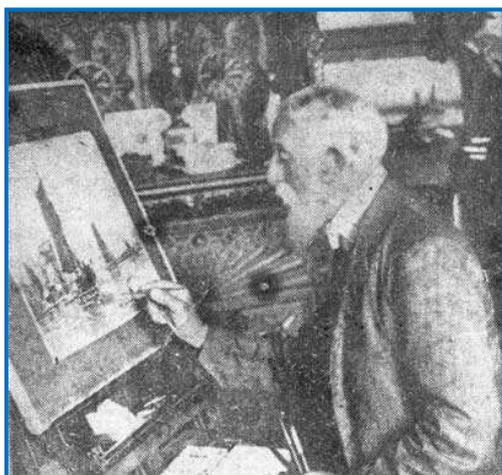
Frederick James Aldridge (1850 – 1933) and Elizabeth Aldridge (1847 – 1930)

Sacred to the memory of ELIZABETH ALDRIDGE Died 14th June 1930
in her 82nd year "In quietness and Confidence"
And of FREDERICK JAMES her husband. Died 12th February 1933 in his 83rd year.

Frederick was born in 1850 in Broadwater, son of Thomas and Martha (nee Roberts). His father, Thomas Aldridge, was born in Heene in 1824.

Frederick married Elizabeth Steer in 1873 in Godstone, (she was from Limpsfield, Surrey), and they went on to have ten children, of whom nine survived infancy, a typical Victorian family.

Frederick was a well-known Worthing Marine Artist, who exhibited in the Royal Academy in 1896, 1897 and 1901. He is predominantly known for his watercolours, mainly of marine subjects. In this medium he showed exceptional powers. He was a regular visitor to Cowes Week for some 50 years. He exhibited paintings locally, between 1880 and 1901, and also 29 paintings in London venues, including 3 in the Royal Academy and 12 at the Suffolk Street Galleries. When he died his obituary, which appeared in 'The Times' newspaper, commented that he had established an international reputation especially in the British Commonwealth Countries.



His paintings were often local. For instance, 'Littlehampton Harbour' is a dramatic scene with sailing boats on a stormy sea. Some of his works are still selling on internet sites, though there are none in Worthing Museum/Art Gallery.

In 1861 Thomas Aldridge and family lived in Egremont Place. He was a painter and glazier. Frederick was the eldest of 3 sons, and had a younger sister. Martha's mother, Harriet Roberts, lived there with them. She was a retired greengrocer. They also had a 15-year-old general servant, originally from Pulborough, with them.

In 1871 Frederick was living as a visitor in the Steer household in Limsfield. He was described as a gravier, and his future wife, Elizabeth, as a cashier. The Head of the Household, Elizabeth's brother, James Steer, at 27, was a farmer of 250 acres, employing 9 men and 4 boys. His 4 younger sisters lived with him, plus 3 farm servants (indoor).

In 1881 Frederick and Elizabeth were living at 8 Warwick Street, with Frederick described as a gilder. They had 3 children, and a general servant.

The 1891 census has the family at "Sliedrecht", Richmond Road (now no. 41). (Sliedrecht is a town in Western Netherlands.) Frederick was described as an 'Artist (Marine), Sculpture.....' 14 year-old daughter, Elsie, was described as 'dependent on father'. She had 8 younger siblings. All 9 children were born in Worthing.

In 1901, at "Sliedrecht" were Frederick and Elizabeth with 6 of their children. The oldest, Mildred, was described as an artist's assistant. Olive was a post office clerk, and the others, from Marjorie, 22, to Archibald, 10, were not given any occupation.

1911 still at "Sliedrecht", Frederick and Elizabeth had 4 of their children with them, plus Hannah Steer, probably Elizabeth's sister, and a visitor Philip Kyle, a Salvation Army Officer, from Southall. Daughter Olive Bertha, at 26, was a shop assistant. Sons John Rutherford and Archibald Arthur were both gilders and frame-makers. Daughter Gwendolyn Mabel had no occupation listed.

Elizabeth died in 1930.

Frederick was one of the earliest members of Worthing Archaeological Society, and also belonged to the Sussex Archaeological Society. He died at "Sliedrecht" in February 1933, leaving his effects to sons Frederick, an advertising agent, and John Rutherford, a picture dealer.

Liz Lane

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Who to contact

Churchwardens	Paul Wadey Diane Le Mare	01903 506855 01903 241673 churchwardens@virginmedia.com
Choir Music at Heene	Neil Turner, Organist/ Choirmaster	01903 504386 neiltturner413@btinternet.com
Music at Heene Box Office	Nick Le Mare	01903 241673
Bell ringers	Liz Lane, Tower Captain	01903 501422 liz.13lane@gmail.com
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Friday Coffee	Sue Wadey	01903 506855
Parish Lunch Bookings	Christine Roberts	01903 527176
Prayer Group	Cleo Roberts	01903 823811
Splat Messy Play (Mother & Toddler Group)	Nikki Tyrrell	07792 991401 or 01903 233794
U3A Inspired Instrumentalists	Tony Tournoff	01903 208588 fairwaysmusic@btinternet.com
Tai Chi/Kick Boxing	Shafi	07432 597647 shaf@whitecranemartialarts.co.uk
Spring into Soul Community Choir	Mike, Carol & Vanessa	01903 533402 or 07906 831291 info@springintosoul.co.uk

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Matthew Anthony

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